Continuing Legal Education on Litigating Parent Alienation (PA) Start at 9:00 am

I. Introduction (5 minutes)

- a. Presenter: Robert A. Evans, Ph.D.
- b. Participants
- c. Topic
- d. Objectives

II. Session 1: Definition of PA (90 minutes)

a. Segment 1: Definition of parenting

- i. Attachment
- ii. Failure of compassion
- iii. Parenting and the law
- iv. Precursors of parental alienation
 - 1. Visitation blocking (gatekeeping)
 - 2. False allegations of abuse
 - 3. Deterioration of the relationship
 - 4. Exaggerated fear reaction

b. Segment 2: Introduction to PA

- i. What is Parent Alienation Syndrome?
 - 1. First introduced in 1985
 - 2. Child is preoccupied with deprecation and criticism
 - 3. More than brainwashing
- ii. What are some reasons it appears to be increasing?
 - 1. Tender years assumption
 - 2. Best-interests-of-the-child presumption
 - 3. shared or joint custody increasing
- iii. History
 - 1. 1980's
 - 2. Other "syndromes" identified
- iv. Gatekeeping
- v. Parent Alienation
- vi. Deterioration

c. Segment 3: Primary Manifestations of PA

- i. campaign of denigration
- ii. weak, frivolous and absurd rationalizations for the deprecation
- iii. lack of ambivalence
- iv. "independent thinker" phenomenon
- v. reflexive support of the alienating parent
- vi. absence of guilt
- vii. presence of borrowed scenarios
- viii. spread of the animosity to the extended family of the target

d. Segment 4: Questions and Answer

III. Session 2: PA Manifestations in Detail (50 minutes)

a. Segment 1: Characteristics

i. Campaign of Denigration

- 1. child is obsessed with "hatred" of a parent
- 2. two components
 - a. alienating parent's indoctrinations
 - b. child's contributions
- 3. clinical examples
- ii. Weak, Frivolous and Absurd Rationalizations for the Deprecation
 - 1. irrational and ludicrous justifications for their alienation
 - 2. clinical examples
- iii. Lack of Ambivalence
 - 1. there are no mixed feelings or uncertainties
 - 2. clinical examples
- iv. Independent Thinker Phenomenon
 - 1. openly deny any contributions from the alienators
 - 2. clinical examples
- v. Reflexive Support of the Alienating Parent
 - 1. child forcefully argues their support
 - 2. clinical examples
- vi. Absence of Guilt
 - 1. child is guiltless over their cruelty to the targeted parent
 - 2. clinical examples
- vii. Presence of Borrowed Scenarios
 - 1. rehearsed quality to the child's arguments
 - 2. the child's phraseology is not commonly seen for their ages
 - 3. lots of similarity between child's statement and alienating parent's
 - 4. clinical examples
- viii. Spread of Animosity to the Extended Family of the Alienated Parent
 - 1. the child's hatred extends to the targeted parent's family including their parents or the child's grandparents
 - 2. clinical examples

b. Segment 2: Questions and Answer

IV. Session 3: Child's Underlying Psychodynamics (45 minutes)

a. Segment 1: Child Psychopathology related to PA

- i. Maintaining the Primary Psychological Bond
 - 1. stronger bond with primary caretaker
 - 2. children's lack of sophistication
 - 3. fear of losing primary psychological bond
- ii. Reaction Formation
 - 1. obsessive hatred is often a thin disguise for deep love
 - 2. the opposite of love is not hate, but indifference
 - 3. the child continues to think about the targeted parent
- iii. Identification with the Aggressor
 - 1. seeking protection from the aggressor
 - 2. compensation for feeling insecure
- iv. Identification with an Idealized Person
 - 1. alienating parents may idealize themselves to the child
 - 2. child is losing their ability to identify with the targeted parent
- v. Release of Hostility: the express of PA can be a release of emotions
- vi. Power
 - 1. venting rage creates a feeling of power within the child

- 2. need to exercise cautions with accusations of abuse
- vii. Infectiousness of the Energy of Emotions
 - 1. emotions are contagious
 - 2. alienating parents infect, al be it sometimes unknowingly, their negative feelings
- viii. Sexual Rivalry
 - 1. targeted parent's involvement with another adult may cause problems
 - 2. combined with a custody dispute increases the chance of PA

b. Segment 2: Teaching to Hate

- i. Rejecting
- ii. Ignoring
- iii. Isolation
- iv. Terrorizing
- v. Corrupting
- c. Segment 3: Questions and Answer
- V. Session 4: Levels of Parental Alienation (35 minutes)
 - a. Segment 1: Three Types of Parental Alienation
 - i. Mild Cases of PA
 - ii. Moderate Cases of PA
 - iii. Severe Cases of PA
- **VI. Session 4: Behavioral Manifestations of PA** (90minutes)
 - a. Segment 1: Rational
 - i. Gardner initially argued that a number of studies purport to document that women are more likely perpetrators of PA than men. In 1999 he published an Addendum I where he stated execution of PA was becoming closer to 50% men and 50% women.
 - ii. Literature suggests some of the possible factors that may account for the assumed predominance of females
 - iii. In some cases the execution of PA is conscious and in others unconscious Frequently it begins consciously but evolves into a delusion about the other parent
 - b. Segment 2: Alienating Parent: Specific behaviors
 - c. Segment 3: Target Parent: Specific behaviors
 - d. Segment 4: Controversies surrounding PA
 - e. Segment 5: DSM-5
 - f. Segment 4: Questions and Answers
- **VII. Session 5: Litigation strategy** (40 minutes)
 - a. Segment 1: Examining and Cross Examining an Expert or Custody Evaluator re: PA

- b. Segment 2: Gathering Evidence
- c. Segment 3: Questions and Answers
- **VIII. Session 3: Controversies Surrounding PA** (15 minutes)
- IX. Session 4: Case Law involving PA (10 minutes)

END OF PROGRAM